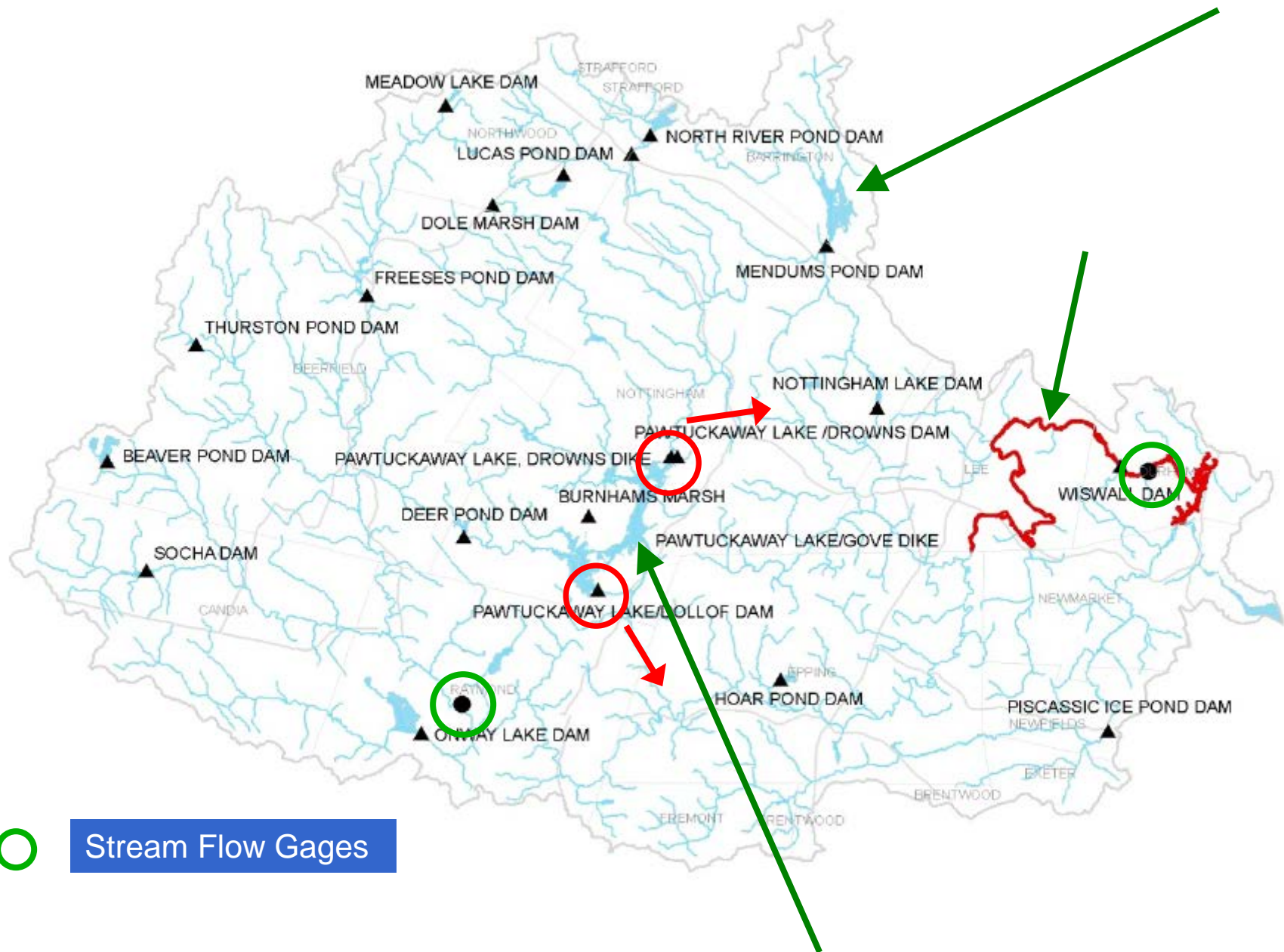


# How do you spell relief?: Release pulses for Lamprey River flow protection



**Wayne Ives, Instream Flow Specialist - NHDES**  
**Lamprey River Symposium**  
**January 10, 2013**



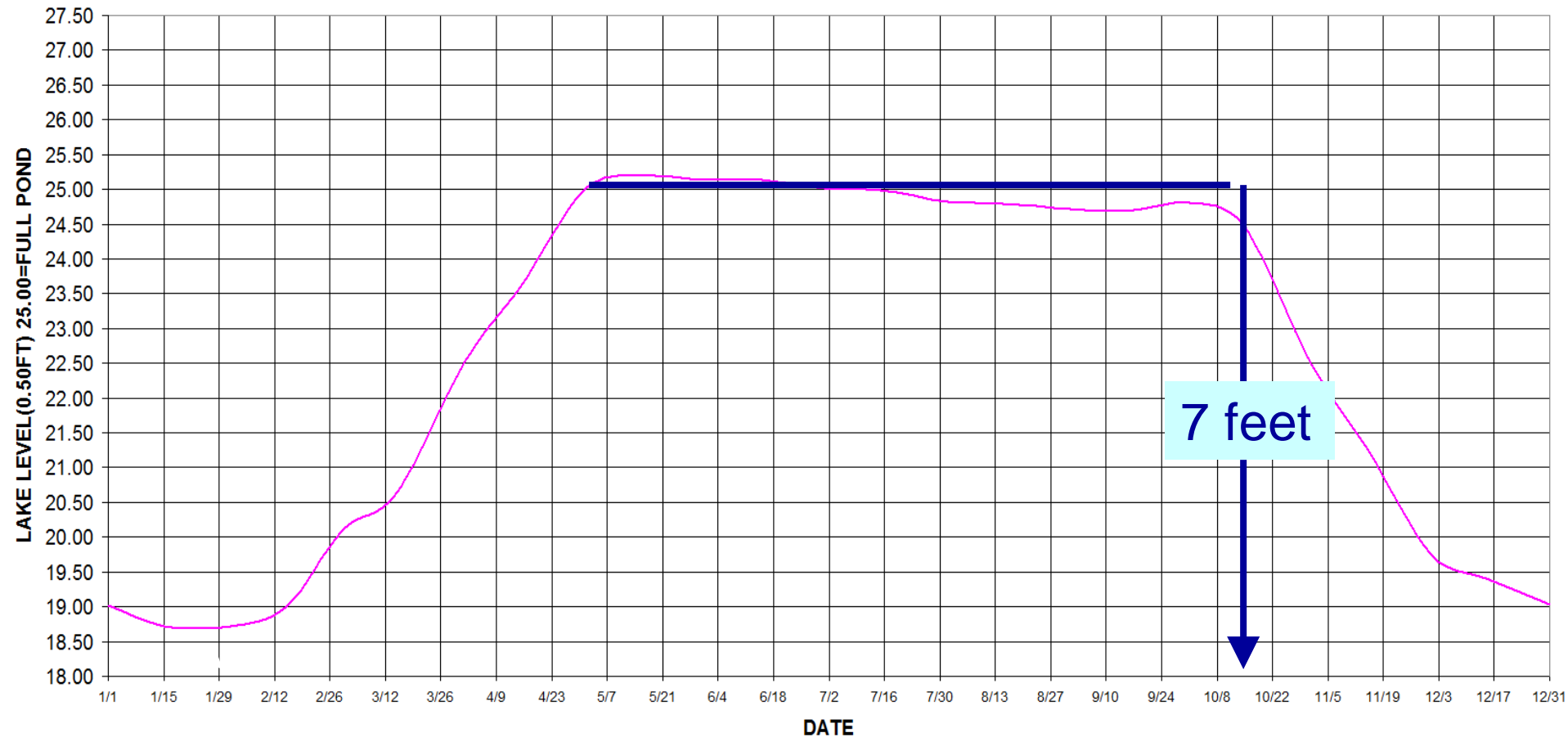


# DES historically operates the water level in Pawtuckaway Lake



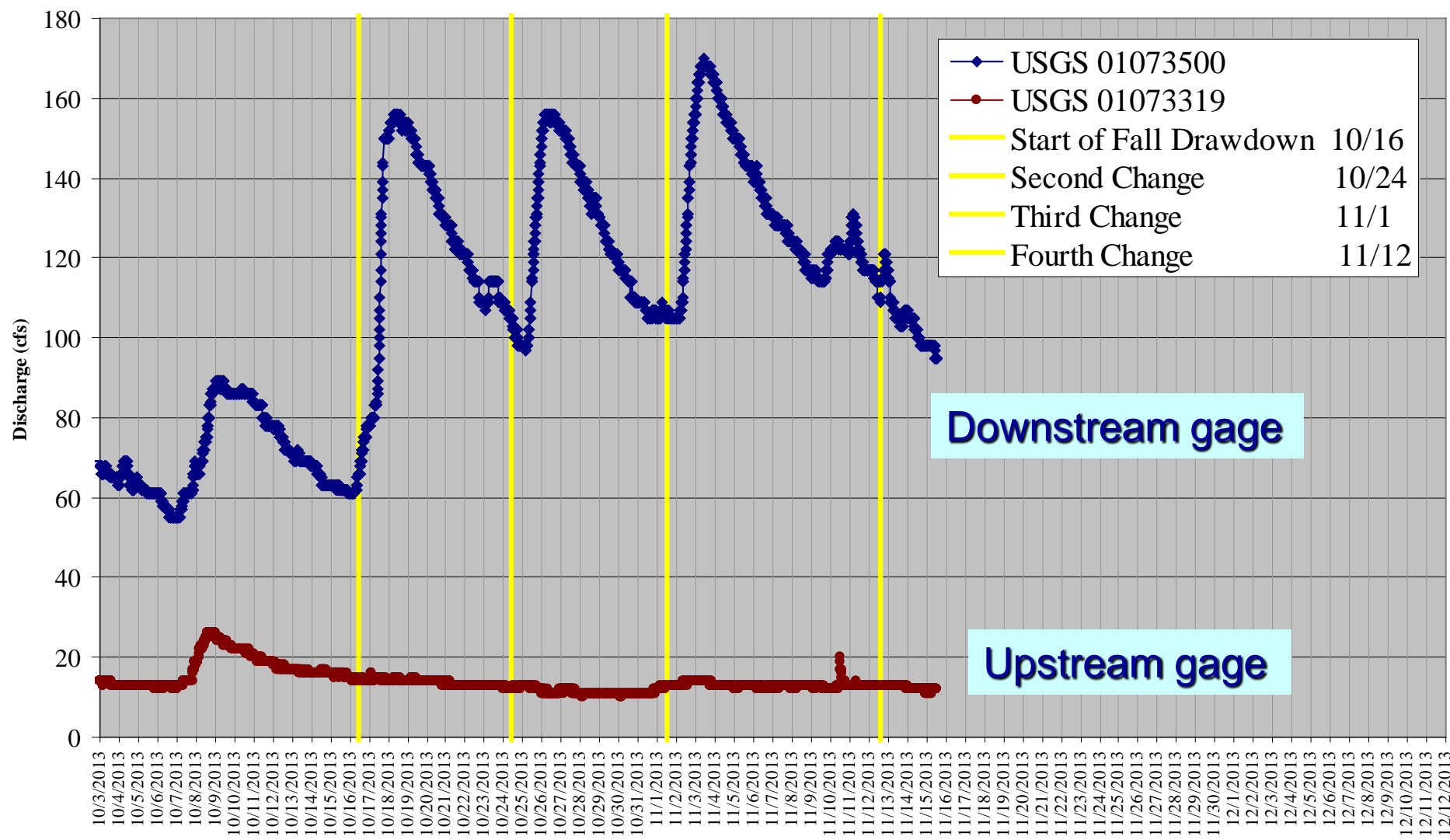
**PAWTUCKAWAY LAKE (Dolloff Dam) GRAPH**

1982 - 2012 MEDIAN



# Value of stream flow gages

## Effects of 2013 lake drawdown on river flow





# Under the WMP

- DES will now modify its routine operations to manage downstream flows.
- Release of water to relieve stress in the river environment system
  - Summer - affects recreational water levels in Pawtuckaway Lake
  - Winter - affects the size of the annual fall drawdown



# Part of the Lamprey DR Protected Instream Flows (Oversimplified)

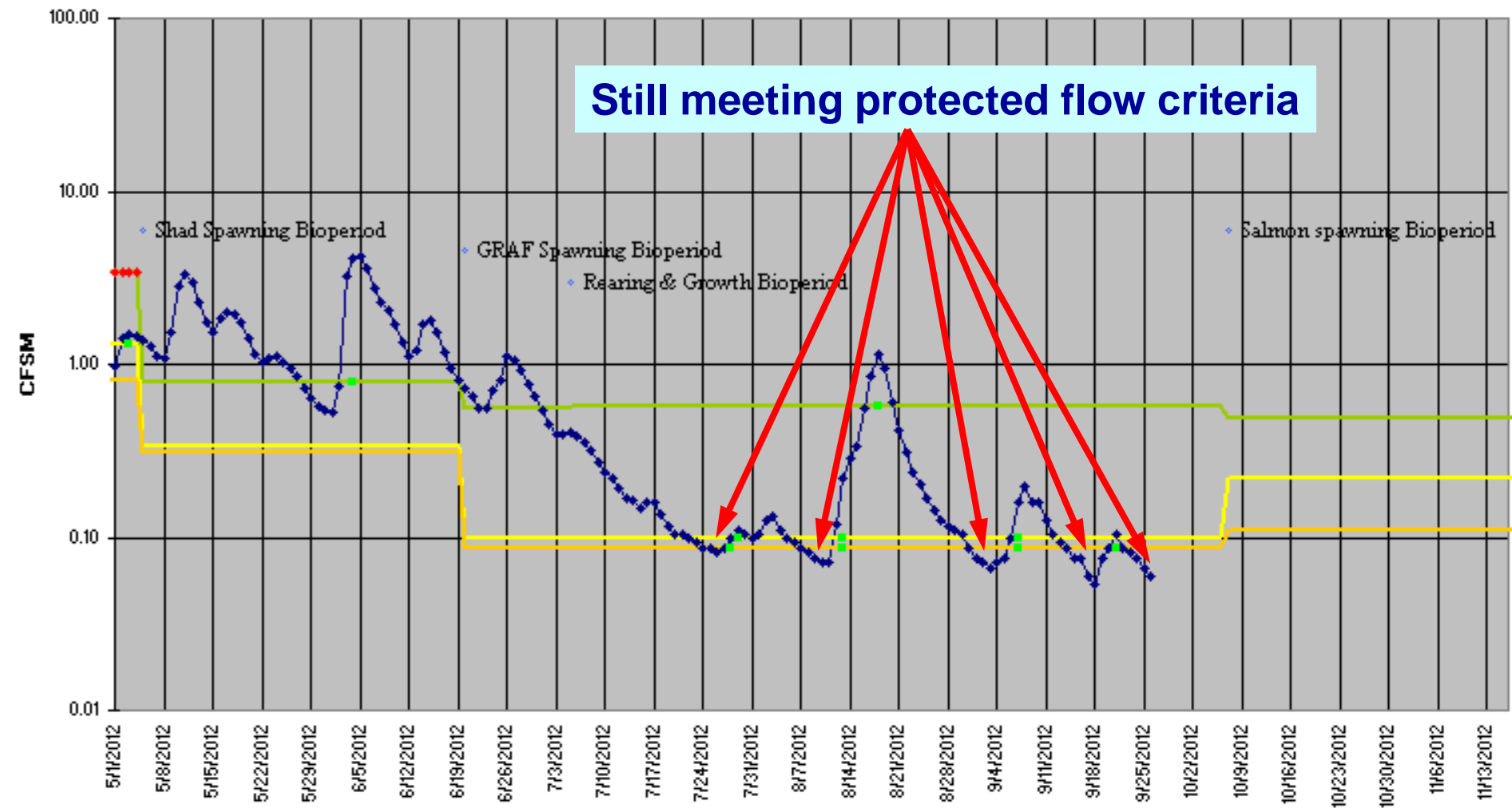
Lamprey Protected Instream Flows for Fish						
Time of Year	Critical Flow			Rare Flow		
	Critical Flow (cfs)	Allowable Duration (days)	Catastrophic Duration (days)	Rare Flow (cfs)	Allowable Duration (days)	Catastrophic Duration
Dec 9 – Feb 28	110	10	37	73	7	30
Mar 1 – May 4	238	10	19	146	3	9
May 5 – Jun 19	62	5	13	57	4	10
Jun 20 – Jul 4	18	5	10	16	2	3
Jul 5 – Oct 6	18	15	32	16	5	15
Oct 7 – Dec 8	40	11	33	20	6	11

**Key point: Different times of the year have different flow needs and durations.**

**Management applies when durations below flow thresholds are exceeded.**

# Assessing hydrologic conditions by tracking daily stream flow and comparing with protected instream flow values.

## Lamprey PISF tracking





## About releases for stream flow

- Goal is flow variability, not a single minimum flow rate, to maintain a natural pattern.
- Releases are used to create a relief flow for **two days** to support fish and other aquatic and riparian species.
- Applied only during rarely-occurring catastrophic conditions, at which time management is needed.





# Release flow considerations

- Effect of pulses on Lamprey River
  - Flow change supporting fish
  - Water quality – phosphorus, conductivity, pH, temperature, turbidity
- Effect of releases on lakes
  - Water level change (small)
  - Effects on habitat and water quality



# Conducted test releases

- Sept 2012 – summertime release test
  - 10.5 cfs
  - lake level down 0.06 feet
- December 2012 and January 2013 – (during drawdown) winter release tests at different starting points
  - 65 cfs
  - December lake level down 0.5 feet

# September Release Test – Dolloff Dam







**2012-09-05**

**Other issues  
relating to a  
flow release –  
specially-sized  
stoplogs**

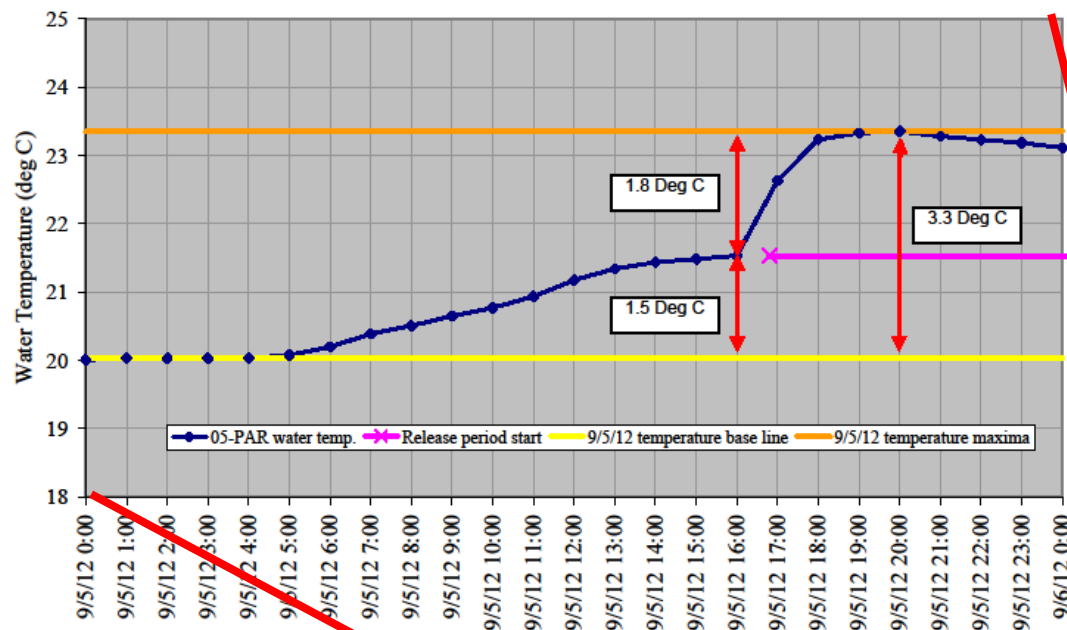




**2012-09-05**

**Alewife net  
tests whether  
fish will  
migrate early  
if there is a  
water release**

Diurnal and Release Effects on 05-PAR Hourly Water Temperature  
September 5, 2012



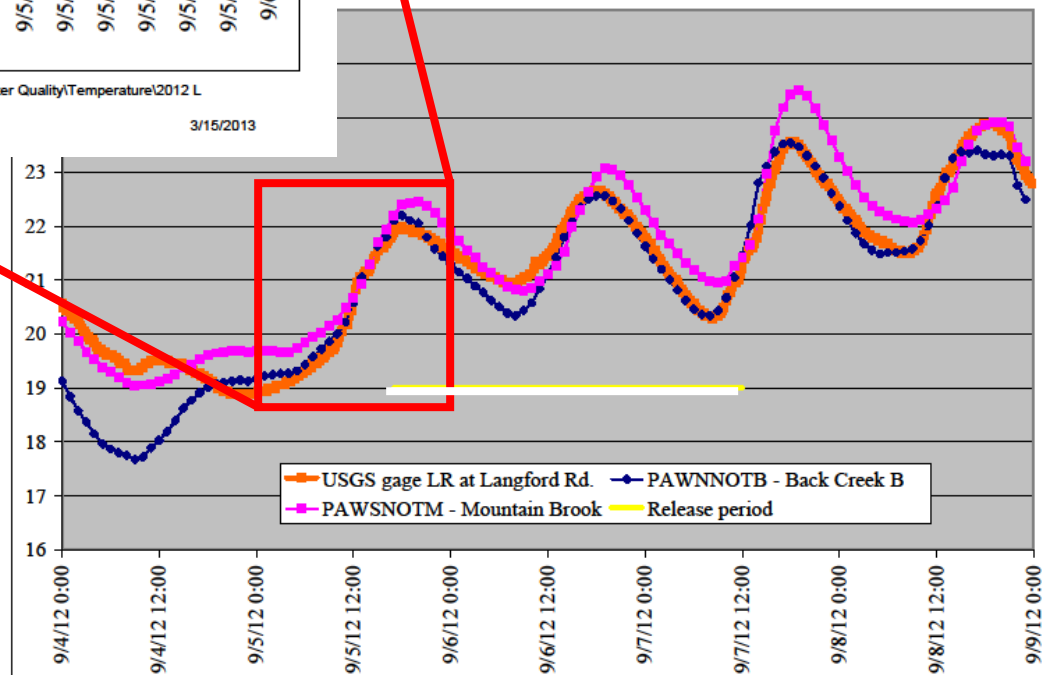
\\HAZDESFP3\WR-Bureau\Watershed\Water Quality\Instream\Flow\Lamprey\Administration\Reference\_Data\Water Quality\Temperature\2012 L  
temp\20120717\_05-PAR\_WTemp\_Final.xls  
20120717\_SN1000456\_05-PAR (2) Chart 9

3/15/2013

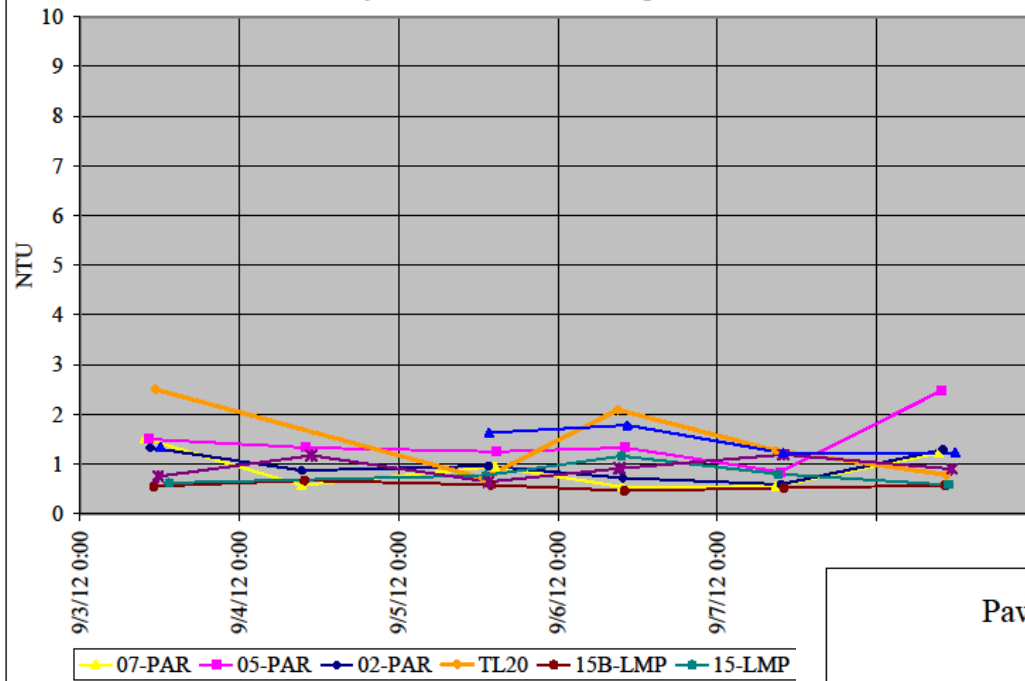
**Test  
temperature  
variation  
3.3 °C**

**Upstream  
diurnal  
temperature  
variation  
~2.5-3 °C**

Way Lake Release Test September 5-7, 2012  
Background Water Temperatures



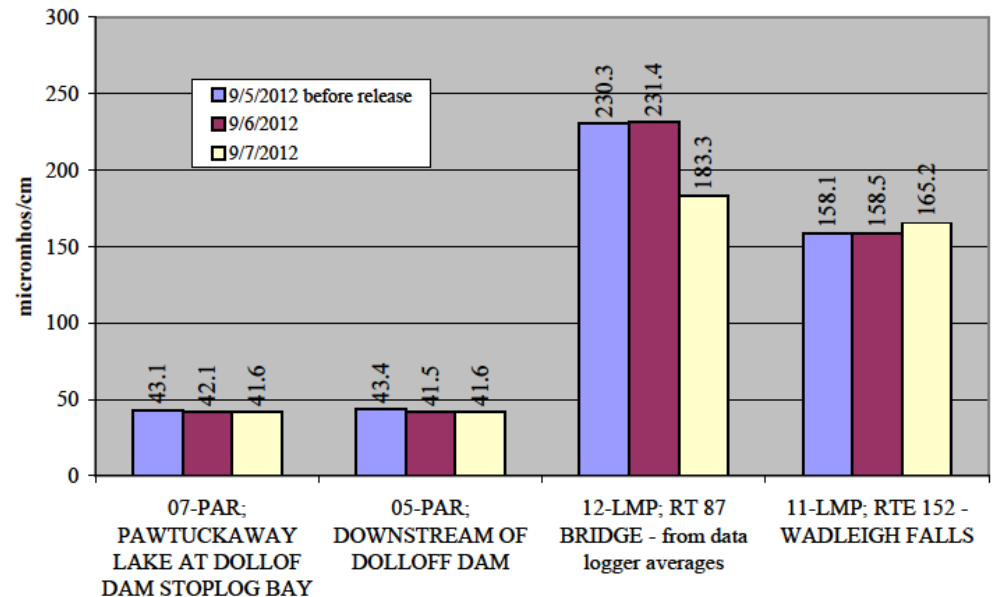
Turbidity Results  
Pawtuckaway Lake Release Test September 5-7, 2012



\\HAZDESFP3\WR-Bureau\Water Quality\Instream Flow\Lamprey\Lamprey WMP operations\2012 Lamprey test release\Sampling\2013 Turbidity Chart 8

**Turbidity met standards**

Pawtuckaway Lake Release Test September 5-7, 2012  
Specific Conductance



**Lake's Sp.C. is lower than Lamprey's**





# Winter Release Test

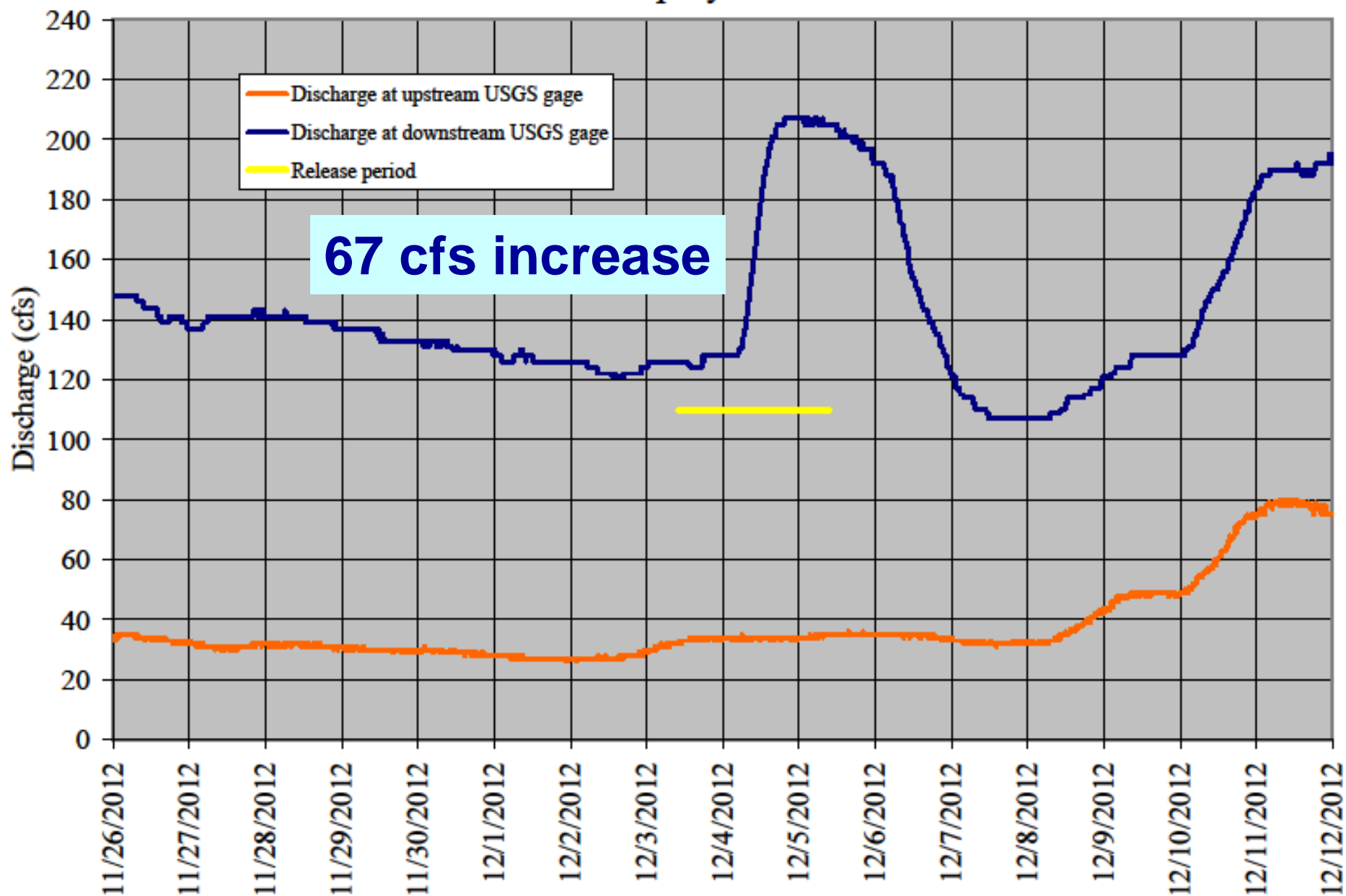
Starting at  
-4.8 ft

December  
2012

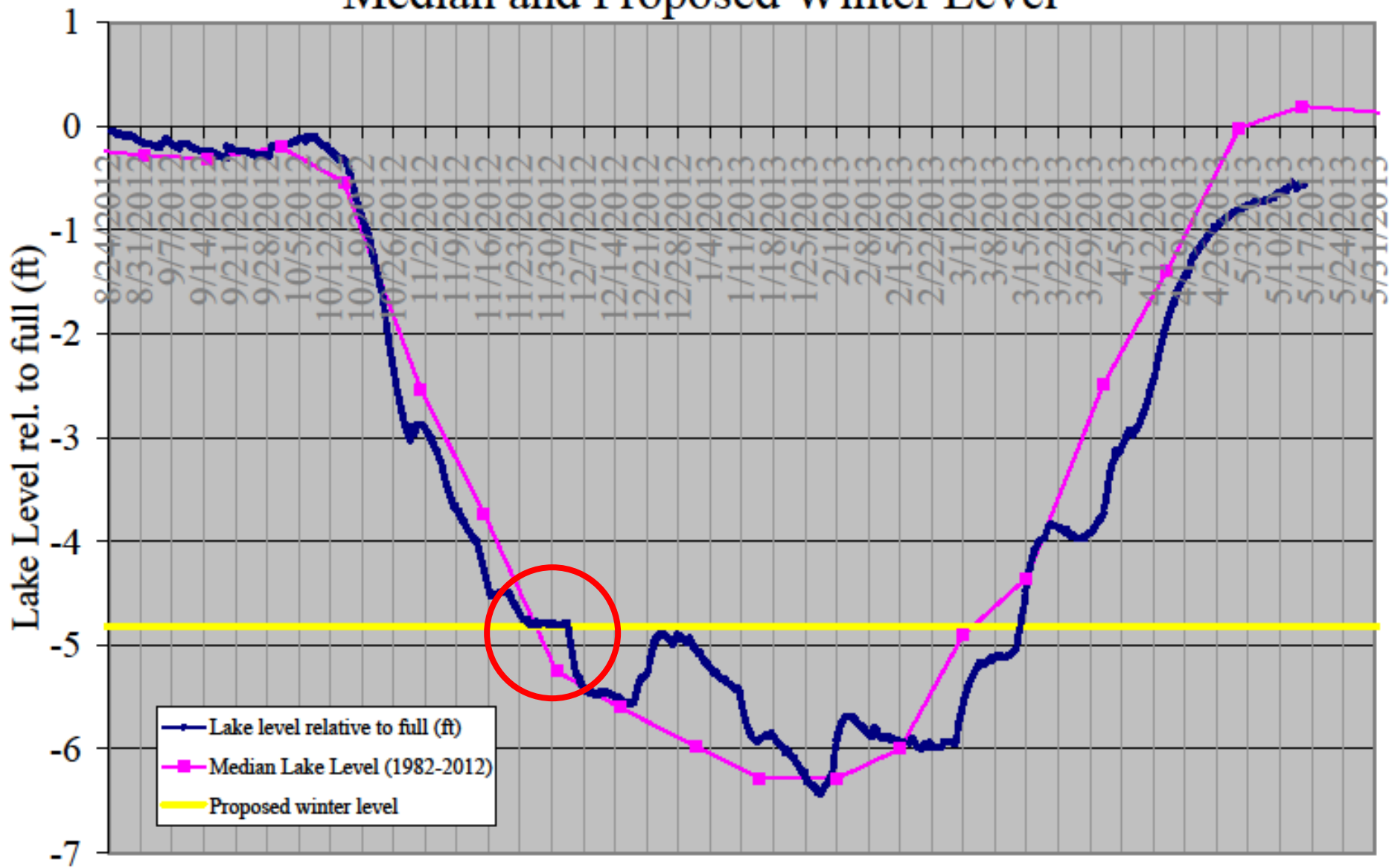
Dolloff  
Dam



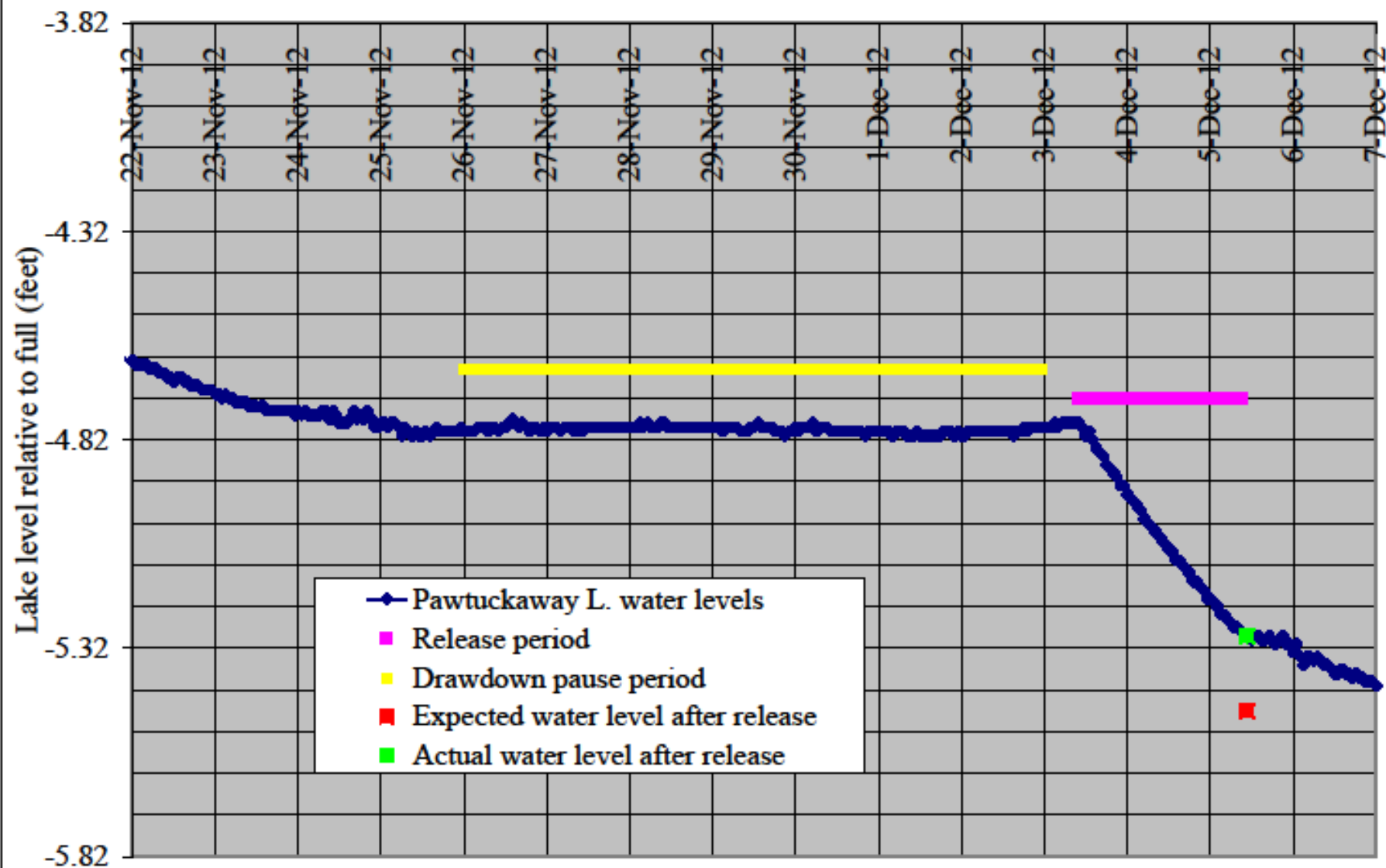
# Comparison of flow at upstream and downstream USGS flow gages on Lamprey River



# Pawtuckaway Lake Levels Relative to Historical Median and Proposed Winter Level



**Pawtuckaway Lake Water Level Relative to Full Lake Level**  
 Approx. -4.82 feet during pause from November 26 through December 2 and  
 showing effect of the release beginning December 3 at 10:30 am











**Lake level  
at -4.8  
feet**

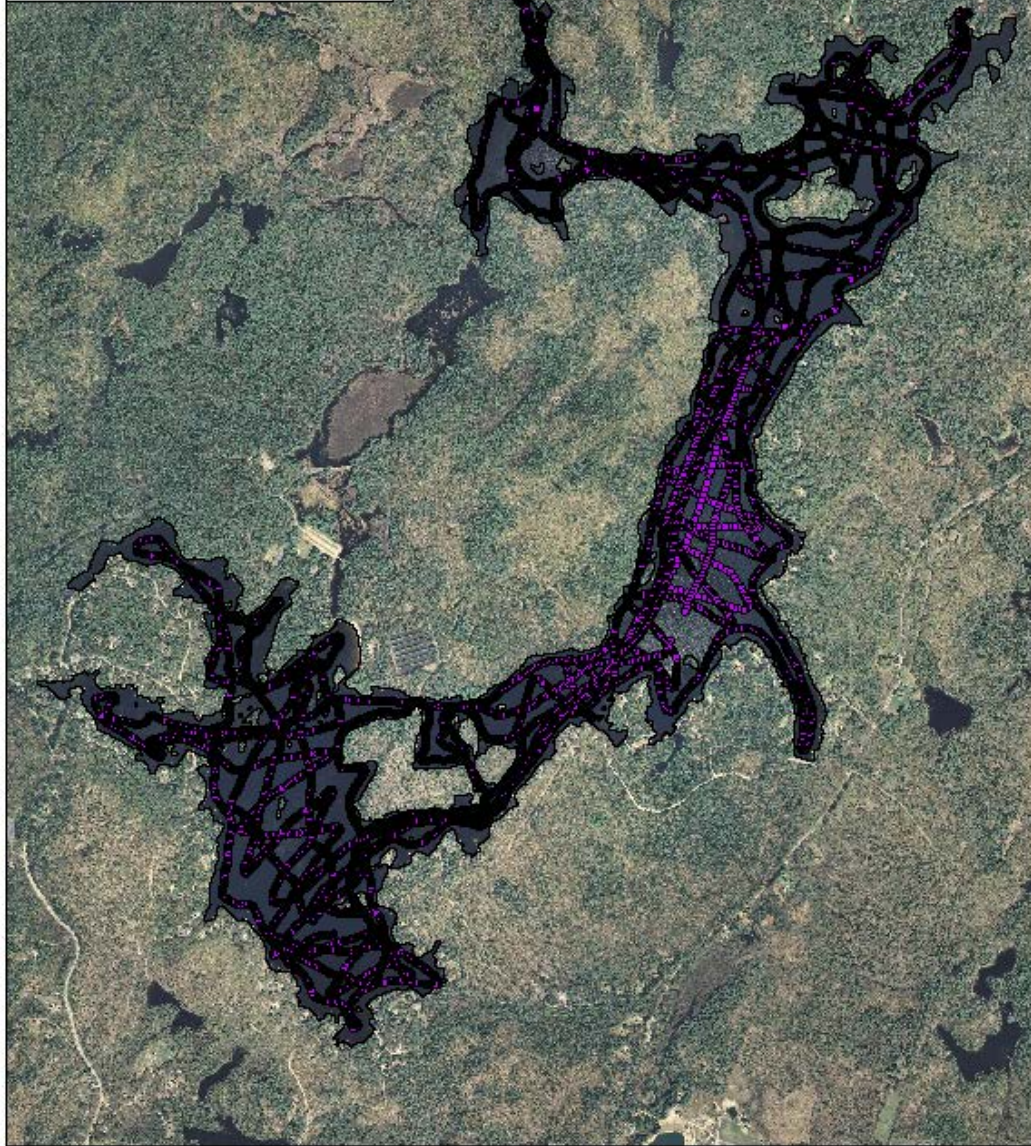




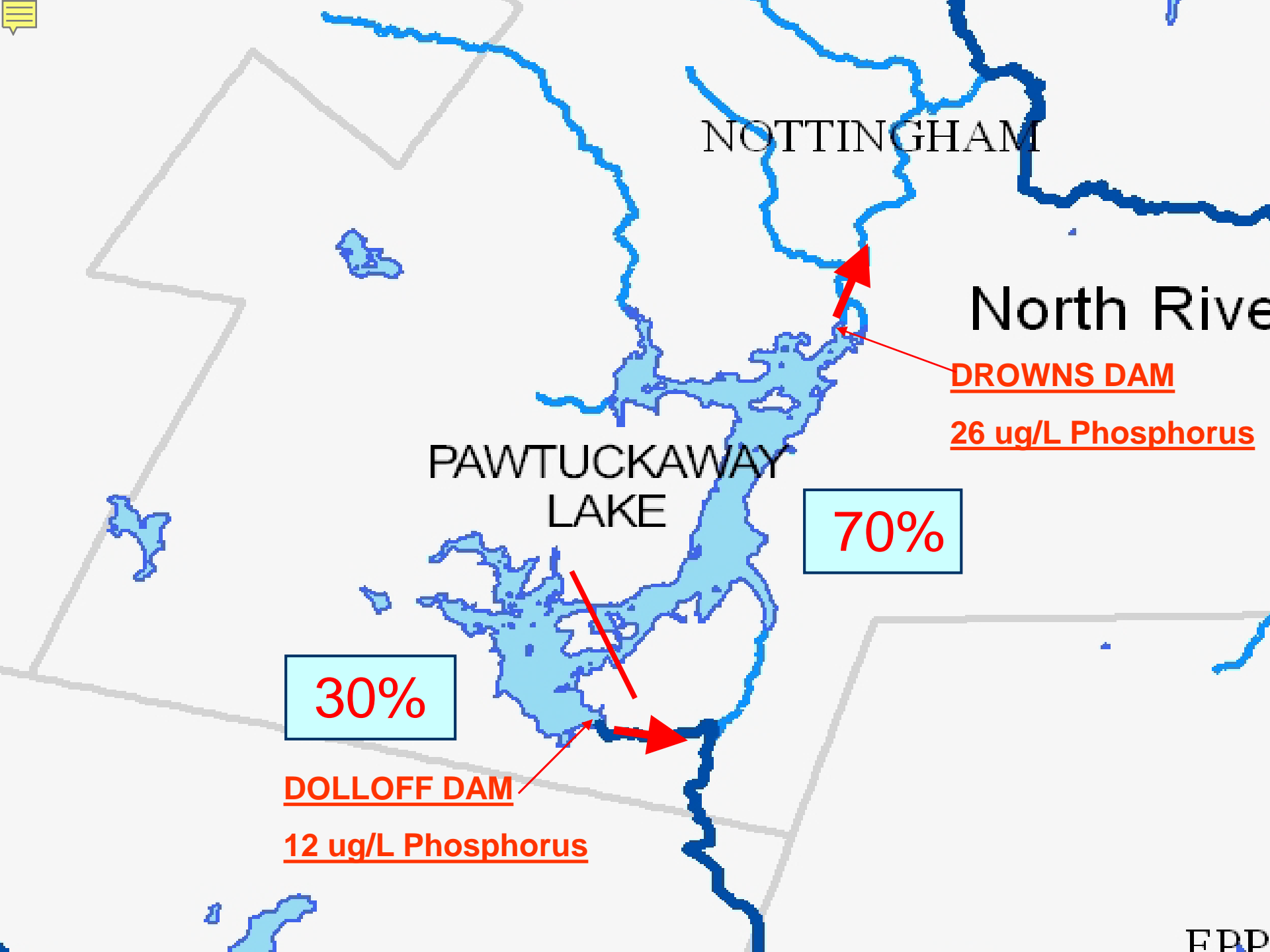
Pawtuckaway Lake  
Nottingham



0 0.2 0.4  
Miles



**Surveys to  
assess how  
nutrients  
and  
drawdown  
affect plant  
growth**







**Dolloff Dam – 3 stoplog bays**





11/14/2013 12:26

**Drowns Dam – 1 stoplog bay**





**No flow at  
Drowns Dam  
when lake is  
-5.4 ft**

**Jan 9, 2013  
Release test  
photos**



# Downstream Below Drowns Dam

## Jan 9, 2013





## Pawtuckaway Water Balance

- Dolloff released more water and outflow continued all winter from the south end of the lake (12 ug/L phosphorus).
- Drowns released less water -- none for 82 days from December into February -- from the north (26 ug/L phosphorus).
- Result is phosphorus-laden water spends more time in lake

Management plan changes reverse this.





**Flow at  
-4.8 ft  
November  
26, 2012**



A photograph showing a small stream flowing over a rocky bed. In the foreground, there is a concrete structure with a metal grate and a black metal railing. The water is clear and flows over the rocks, creating some white foam. The background shows more rocks and some greenery.

**Water is released all winter if  
lake level is kept higher**

**Flow Below Drowns Dam  
November 26, 2012 at -4.8 ft**





## **Results - Actions under the Lamprey WMP for relief flow operations**

- Larger proportion of drawdown is from Drowns Dam
- Defined maximum summer lake level change
- Alewife barriers
- Loon nesting period limits on lake level change
- Winter relief flows delayed until 2017-18

ALSO:

- Continued temperature measurements



# **Results - DES PLIA Partnership Agreement**

- Larger proportion of drawdown is from Drowns Dam
- Monitoring of phosphorus and aquatic plants
- Two more winter release tests
- Notifications, meetings and articles
- Dam operations plan
- Evaluation of adaptive management





# Comments or questions?

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NHDES**

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271-3548**

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